

DR JASON JONES

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EXECUTIVE COACHING FOR FUTURE-READY LEADERS

Dr. Jason Jones helps senior leaders think more clearly, lead more effectively, and perform at their best in a world defined by complexity, disruption, and rapid change. As a workplace psychologist, executive coach, and best-selling author with more than 25 years of business experience, he equips leaders to activate potential in themselves and others using evidence-based strategies grounded in neuroscience and human performance.

Jason has coached leaders across construction, technology, finance, energy, healthcare, and professional services. His approach blends science-based insight, practical tools, and real-world leadership experience—including executive roles in both Fortune 10 and high-growth organizations.

Why Executive Coaching Matters Now More Than Ever

High-stakes decision-making, accelerated change, and constant cognitive load place today's executives under unprecedented pressure. Research from McKinsey and the ICF shows that coaching significantly improves:

- Strategic decision-making and clarity
- Emotional regulation and stress resilience
- Leadership effectiveness and influence
- Team engagement and culture cohesion
- Well-being, energy, and sustainable performance

Neuroscience confirms that leaders who understand how their brain operates—under stress, uncertainty, and complexity—make better choices, build stronger relationships, and create more adaptable teams. ***Coaching gives leaders the structure, accountability, and cognitive strategies necessary to perform at their highest level.***

Executive Coaching with Dr. Jason Jones

Jason's coaching programs integrate the science of cognitive performance and his proprietary *NeuroAdaptive Leadership™* methodology to help leaders:

<ul style="list-style-type: none">• Increase clarity and mental sharpness• Strengthen influence and executive presence• Navigate change with confidence	<ul style="list-style-type: none">• Increase resilience and well-being• Activate peak productivity and flow states• Enhance team trust, culture, and performance
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His coaching style combines insight, candor, and practical application focused on creating measurable outcomes that support both personal growth and organizational goals.

Is Coaching Right for You or Your Leaders?

Jason's coaching is ideal for executives who want to:

<ul style="list-style-type: none">• Navigate change or new strategic responsibilities• Strengthen leadership influence and presence• Eliminate overwhelm, distraction, or burnout	<ul style="list-style-type: none">• Build adaptive thinking for AI-era leadership• Increase productivity, clarity, and performance• Build trust, culture, and alignment at scale
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Next Step

To explore whether coaching with Dr. Jones is a fit, schedule a confidential discovery conversation:

www.DrJasonJones.com/coaching