

Using Brain Science to Boost Motivation, Deepen Engagement, and Supercharge Performance

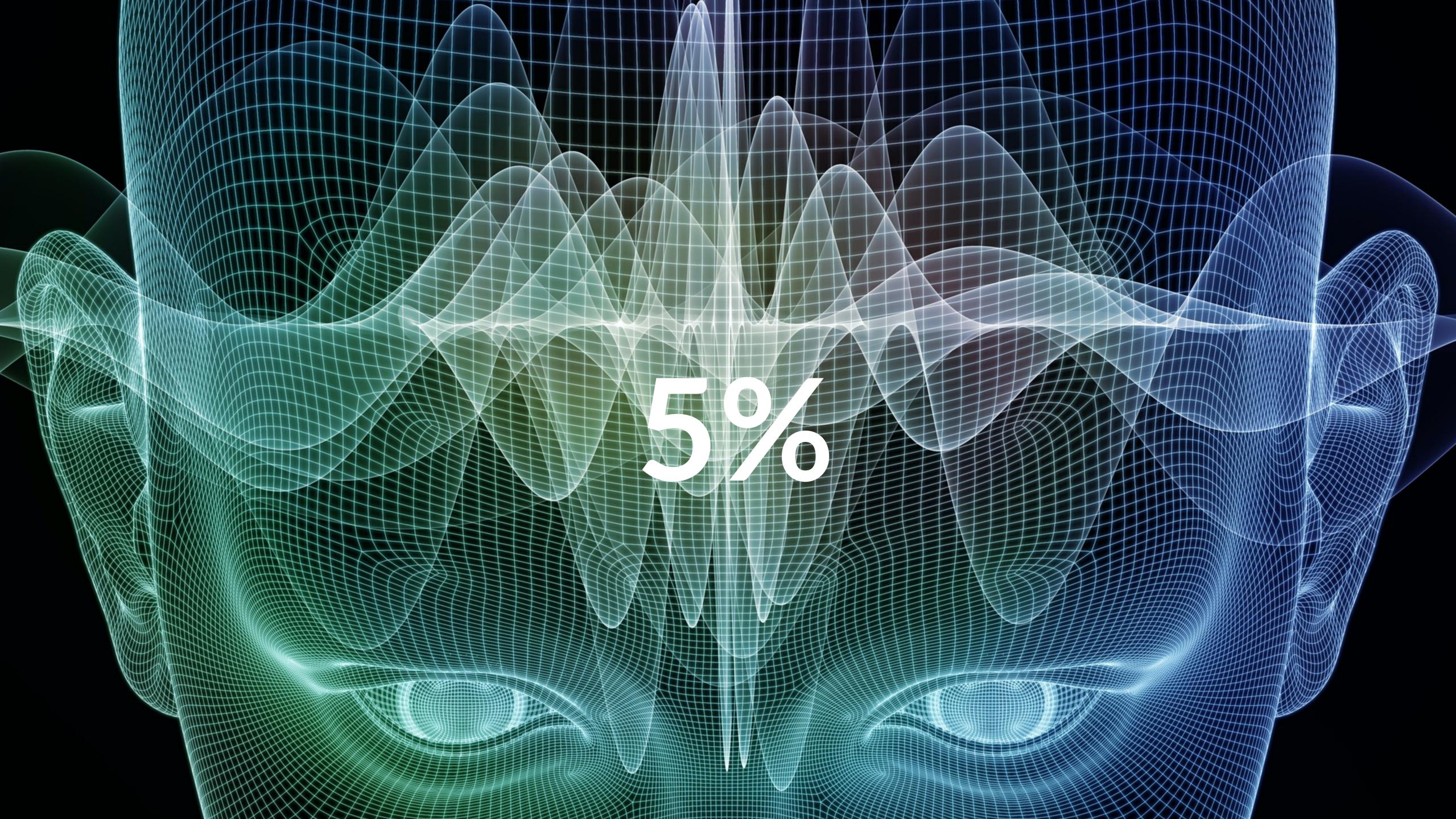
Presented by Jason Jones, Ph.D.



What would it mean to you... to be able to use significantly more or your brain power?

What ability do you want to improve the most?

A. Decision-Making
B. Creativity/Innovation
C. Energy
D. Happiness









NEUROSCIENCE Cognition Health Performance Innovation Leadership

THE FOURE OF PERFORMANCE WILL BE FOUND IN BRAIN OPTIMIZATION

DISCONNECTION





Ceccece,

DEACTIVATION





NEUROLEADERSHIP The practice of applying brain science to leadership





The science is clear, you don't instill motivation in someone, you **ACTIVATE** it!



The research of Boyatzis (2011), used fMRI scans to study brain function and the differences between manager-employee interactions. When employees were asked to recall experiences with managers who listened well, showed empathy, and asked about personal goals and dreams, fourteen (14) regions of the employee's brains were activated. When employees were asked to recall experiences with managers who displayed controlling and demanding behaviors during the interactions, only six regions of the brain were activated. Even worse, eleven regions of the brain were deactivated.

DrJasonJones.com

THE NEW SCIENCE OF PERFORMANCE

THREATS

INCENTIVES/REWARDS

GENERIC PURPOSE

DrJasonJones.com

ACTIVATING the brain by aligning a person's uniqueness with their work.



OPTIMAL MOTIVATION, ENGAGEMENT & PERFORMANCE

INTERNAL *Physiological / Psychological*

Health Psychological Function Intrinsic Values

ACTIVATION

DrJasonJones.com

EXTERNAL Environmental / Cultural

Environment Expectations Support System

The #1 Factor for Engagement & Retention EMPLOYEE-MANAGER RELATIONSHIP

DrJasonJones.com

THE ACTIVATUR METHOD



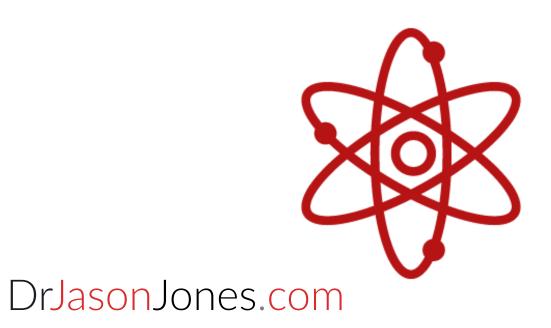
LEADERSHIP

Nobody can come close to reaching their potential and become the best they can be on their own. Activators look for the greatness in people and find ways to unearth their strengths and potential contributions.



APPROACH

Our brains are wired to help and support the achievement of people around us. Activators understand that this approach is what ultimately leads to success and well-being for all. Every person has a primitive need to help others woven into our DNA. When we do this, it creates a deeper sense of satisfaction and meaningfulness that helps us thrive as human beings.



SCIENCE

The Activator perspective is an Interpersonal Neurobiology (IPNB) approach to leadership due to its interconnection of brain biology and social function. By leveraging principles gleaned from these fields, we can optimize the brain function and behavior of people, helping them to become happier and more successful in every part of their lives.

3 CORE PRACTICES OF ACTIVATION

CONNECTING COACHING CULTURING



CONNECTING Cultivating trust through relationships





CARE (Safety & Support)

CHARACTER (Similar Values)

COMMUNICATION (Clarity & Consistency)



ALIGNING MOTIVES/VALUES

Acceptance Beauty Curiosity Eating Family Honor Idealism Interdependence

Order **Physical Activity** Power Saving **Social Contact** Status Tranquility Vengeance

Basic Desires Theory - Dr. Steven Reiss



ALIGNING MOTIVES/VALUES Order Acceptance **Physical Activity** Beauty Curiosity Power Eating Saving Family **Social Contact** Honor Status Idealism Tranquility Interdependence Vengeance



Basic Desires Theory - Dr. Steven Reiss



ACTIVATION WORDS

Cooperation Collaborate Excited Launch Endurance Strength Couragous Hero

Discover Flexible Enterprising Challenge Dynamic Impact Insight Progress Achievement

DrJasonJones.com





COACHING Facilitating Performance with backbone and heart



What is the mos manage viving results wh



Driving results while caring for people.

COACHING STYLE

COMPLIANCE

Guilt and Obligation

Greater activation in areas of the brain responsible for threat and stress response, feelings of self-consciousness. VS.

Boyatzis, Smith, & Beveridge (2013)

DrJasonJones.com

COMPASSIONATE

Inspiring, Trusting, and Caring

Greater activation in areas of the brain responsible for vision, motivation, positive emotion, social connection, and calming (modulation of stress response)



THREAT OR THREE







CHEMISTRY DRIVES THINKING, BEHAVING, & PERFORMANCE

DrJasonJones.com





THRIVE WITH THE RIGHT NEUROCHEMISTRY

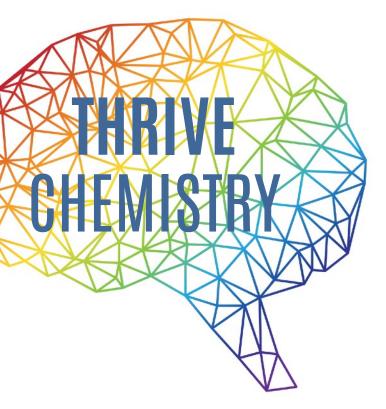


DrJasonJones.com



Cortisol & Adrenaline

Fear, anger, defensiveness, hopeless, negative, apprehensive, out of control, confused



Dopamine & Oxytocin

Empowered, confident, open, hopeful, excitement, control, positivity, gratefulness, connection





Dr. Michelle Adams President, MarketingBrainology.com

0



CULTURING Setting and upholding standards of excellence



Leaders can't dictate culture!

JasonJones.com

CULTURING is an ongoing process of co-creating the kind of workplace where everyone thrives.



DrJasonJones.com

"The whole is greater than the sum of its parts."

FREEDOM FREEDOM

RELATIONSHIPS

DrJasonJones.com



EXPERIENCES AND STORIES BUILD CULTURE

JasonJones.com



Jutanum of thought and action.

te some of their own

heir team goals





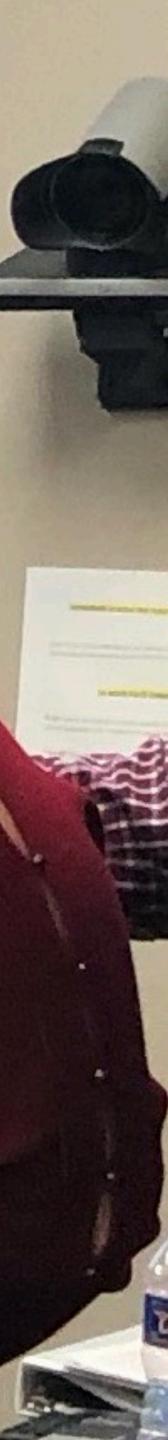
Jutonom, of thought and action.

de some of their own

their team goals

nt

Salikens .



3 CORE PRACTICES OF ACTIVATION

CONNECTING COACHING CULTURING



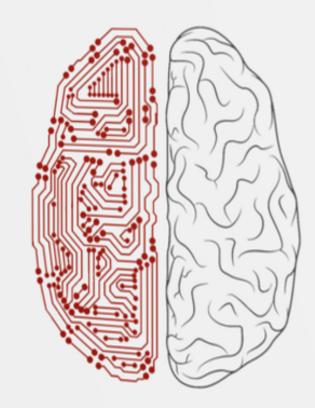
DO YOU WANT TO BE AN ACTIVATUR?

DrJasonJones.com

"Jones is an innovative voice... Read it and take your leadership to the next level!" - Marshall Goldsmith, Author of What Got You Here Won't Get You There

ACTIVATUR

USING BRAIN SCIENCE TO BOOST MOTIVATION, DEEPEN ENGAGEMENT, AND SUPERCHARGE PERFORMANCE



JASON JONES, PH.D.

Marshall Goldsmith, Author of What Gat You Here Won't Get You There

ACTIVATUR

USING BRAIN SCIENCE TO BOOST MOTIVATION, DEEPEN ENGAGEMENT, AND SUPERCHARGE PERFORMANCE

JASON JONES, PH.D.

Mark Sanbern, outhor of You Den't Need a Title to be a Leade

ling-edge brain science and a plethora of actionable ideas you can use to become an Activator

ding-edge brain science and a plethora of actionable ideas you can use to - Mark Sanborn, author of You Don't Need a Title to be a Leader

ACTIVAT()R



DrJasonJones.com

eCourse Includes:

- 37 Video Micro-Lessons
- Anytime Access

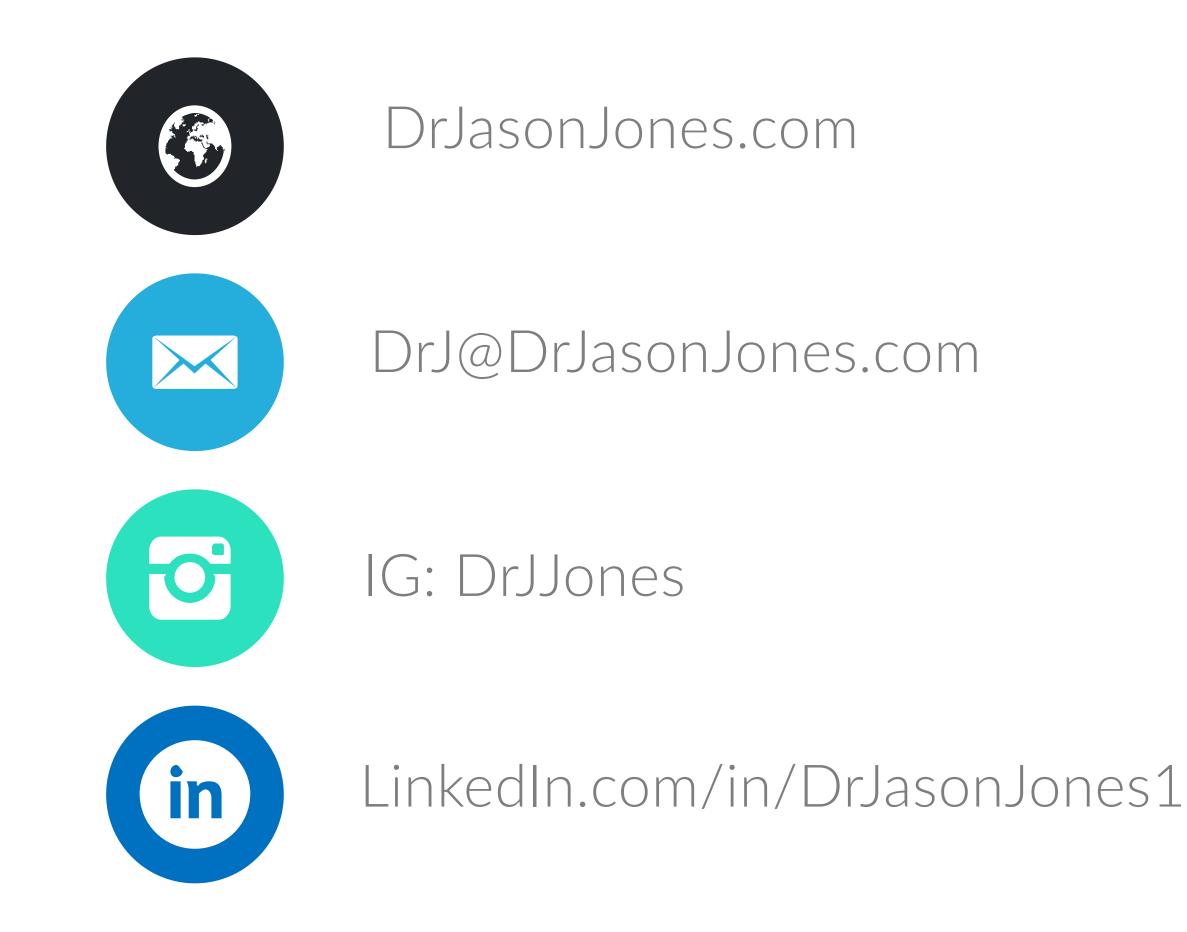
- Motives & Values Assessment
- 76 Brain Activation Tactics
- Planning Worksheets
- Certificate of Completion

REGISTER NOW at...

www.ActivatorEcourse.com







THANK YOU!

Let's Connect!!

